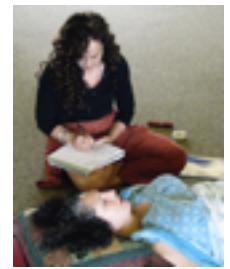




TRANSFORMATIONS

Therapeutic Breathworker Certification with Jim Morningstar, PhD and the TBTP staff



Complete Modules 1-9 for a level of Therapeutic Breathwork certification.

Start whenever you are ready by taking Module 1: An Introduction to Therapeutic Breathwork for Caregivers by Distance Learning and have recordings you can listen to at your leisure.

Then in person or virtually complete Modules #2 - #5 August 15-18 and Modules #6 - #9 Sept. 19-22, 2024

- * integrate the basic Therapeutic Breathwork principles personally and professionally
 - * receive supervised experience and gain confidence as a practitioner
 - * become Certified as a Level I or Level II Breathworker.
- In Person or Virtual. Limited Enrollment.***

These are all nonresidential trainings. Call or register and make payment below to reserve a place in the training circle. Open the doors to continued learning and growing with one of the healing modalities most needed today.

For more informations contact: phone: 414 351 5770 fax: 414 351 5760
info@transformationsusa.com www.transformationsusa.com

Register and Payment: check or money order in USD to Transformations 4200 W Good Hope Rd. Milwaukee, WI 53209 USA. or
Pay online at: <https://transformationsusa.com/products.php>



An Introduction to Therapeutic Breathwork for Caregivers

with Jim Morningstar, PhD

Breathworker Certification Training - Module 1 Distance Learning

Basics of breathwork and its uses in professional practice. **12 CE credit hours Distance Course \$97**

Energy Release and Body Themes in Breathwork

with Jim Morningstar, PhD
Breathworker Certification Training - Module 5

August 15, 2024 9 am - 5:30 pm

Practice in body reading and releasing techniques. Tuition: \$175 in person \$160 online

The Anatomy of Breathwork

with Jim Morningstar, PhD
Breathworker Certification Training - Module 4

August 16, 2024 9 am - 5:30 pm

Evolution of breathwork and its effects, physiological to spiritual. Tuition: Tuition: \$175 in person \$160 online

Breathwork in Water

with Jim Morningstar, PhD
Breathworker Certification Training - Module 2

August 17, 2024 12:30 pm - 9:00 pm

Practice in use of water in dealing with peri-natal issues. Tuition: \$175 in person \$160 online

Group Breathwork

with Jim Morningstar, PhD
Breathworker Certification Training - Module 3

August 18, 2024 9 am - 5:30 pm

Practice in constructing and leading group breathwork. Tuition: \$175 in person \$160 online

The Transformations Breathworker Training Program is one of the longest standing breathworker training programs in the world. Our trainings are certified by the Global Professional Breathwork Alliance www.breathworkalliance.com and approved for continuing education credits through NBCC and NAADAC



Jim Morningstar

September 2024 Modules include Physical Touch and Dynamic Movement in Breathwork (19), Shamanism in Breathwork (20), Healing Trauma and Breathwork (21) and Ethics in Breathwork (22).