TRANSFORMATIONS

Therapeutic Breathwork Training Program

Advanced Practitioner Supervision Sessions

with Jim Morningstar, PhD and TBTP Faculty

December, 2026 - February, 2027

Six two-hour online sessions at either 11 am (6 pm CET) or 7 pm US Central time

Tuesdays Dec: 1 & 15; Jan: 5 & 19; Feb 2 & 16

The **Advanced Practitioner Supervision Sessions** is for practitioners who have had prior training and are using breathwork and/or other holistic healing modalities while building a practice or completing certification requirements.

You will ***strengthen confidence***, ***develop new skills*** and ***enhance your success*** by:

- **Learning** and integrating in-depth clinical tools, e.g. Bioenergetics, Gestalt, behavior modification, etc.
- **Sharing** the experience and expertise of veteran trainers
- **Receiving** individualized feedback on your development as a practitioner, including support for completing requirements and/or building your practice
- **Building** a community of like spirited peers
- **Acquiring** a certificate for 12 credit hours

Monthly Topics include but not limited to:

- Practice according to levels of consciousness (free assessment tool)
- Bioenergetic and other Somatic Release Techniques
- Handling Ethical Issues and Challenging Clients
- Practice Building, Marketing, Maintenance and Growth

Structure

- We'll meet via Zoom
- Prior to the live classes: You'll receive materials related to the topic of the month to review and engage with before we meet.
- During the live class:
  - 50 minutes: teaching and experiential exercises
  - 70 minutes: supervision and questions about your clients, facilitation, the topic of the month, building your practice, etc.
- All sessions are recorded. We highly recommend attending live and, if you are unable to make a live session, you may submit a question in advance.

Phone 414 351 5770 ● Fax 414 351 5760 ● info@transformationsusa.com ● www.transformationsusa.com
4200 W. Good Hope Road Milwaukee, WI, 53209 USA

Tuition & Registration: $450 USD; pay in full or $115/mo for four (4) months.**Class Size**: each class is limited to 10-12 students in order to provide an intimate, personalized experience.
Tuition: includes virtual Thursday Series, written materials, video recordings and a Belief Systems Inventory.

To reserve your place: $200 Deposit or payment in full $450.
You can make payment in one of four ways:
1. Check or money order to Transformations, 4200 West Good Hope Road, Milwaukee, WI 53209-2250.
2. Online at: http://www.transformationsusa.com/products.php under "Workshops and Trainings with Jim Morningstar, Ph.D."
3. Wire transfer to bank: CHASE BANK
Beneficiary Bank Account: #020032869
Swift: CHASUS33 Routing: 075000019
Bank Address: 270 Park Ave. New York, NY 10017 USA
Beneficiary Name: Jim Morningstar
Address: 10100 W Bluemound Rd #1011 Wauwatosa, WI 53226-4368 USA
4. Zelle to jim@transformationsusa.com

Therapeutic Breathwork is both comprehensive in teaching faster and slower than normal breathing techniques as well as inclusive in blending this with other healing modalities. We are one of the oldest training centers in the world for the certification of dyadic breathwork and endorsed by the ***Global Professional Breathwork Alliance.*** Approved for continuing education credits through National Board of Certified Counselors in the US.

"We have had amazing success with the bonding and the community members' essential connections in our work online. Some of the advantages of this virtual training are the amount of individual attention you will get from the trainers online, receiving recordings of all the teaching sections if you have to miss one and/or for future review and the comfort of being in your own environment. " ~ Jim Morningstar

Jim Morningstar, Ph.D
The Director of Transformations Incorporated, Jim has held licensure as a clinical psychologist since 1973. He is a clinical supervisor, seminar leader and has pioneered in the integration of psychotherapy with such mind/body techniques as



breathwork and bio-spiritual energetics. He founded and certifies practitioners in Therapeutic Breathwork.

He directed a community mental health clinic, conducted research on levels of consciousness, taught and advised in a large medical college and a graduate psychology department. He lived in Paris and traveled in the African desert countries. Other formative experiences have has engaged in extensive work with personal growth approaches including bioenergetics, Gestalt, Tai Chi, yoga, meditation, primal therapy, multi-level regression, enlightenment intensives, and was one of the first 12 Certified Rebirthers with Leonard Orr, in addition to delivering one of his two children at home. He founded the School of Integrative Psychology in 1980 and the Therapeutic Breathworker Training Program in 1990 and has authored five books in the field of spiritual psychology. He is co-director of the Global Professional Breathwork Alliance. Jim's 33 years of courses in integrative psychology are available online and through his training programs, four levels of breathworker certification can be obtained as a professional breathworker. Jim also teaches internationally.

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