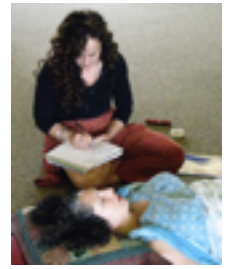




# TRANSFORMATIONS

## Therapeutic Breathworker Certification with Jim Morningstar, PhD and the TBTP staff



*Complete Modules 1-9 for a level of Therapeutic Breathwork certification.*

*Start whenever you are ready by taking Module 1: An Introduction to Therapeutic Breathwork for Caregivers by Distance Learning and have recordings you can listen to at your leisure.*

**Then in person or virtually complete Modules #2 - #5 August 13-16 and Modules #6 - #9 Sept. 17-20, 2026**

- \* integrate the basic Therapeutic Breathwork principles personally and professionally**
  - \* receive supervised experience and gain confidence as a practitioner**
  - \* become Certified as a Level I or Level II Breathworker.**
- In Person or Virtual. Limited Enrollment.***

These are all nonresidential trainings. Call or register and make payment below to reserve a place in the training circle. Open the doors to continued learning and growing with one of the most incisive healing modalities most needed today.

For more informations contact: phone: 414 351 5770 fax: 414 351 5760  
[info@transformationsusa.com](mailto:info@transformationsusa.com) [www.transformationsusa.com](http://www.transformationsusa.com)

Register and Payment: check or money order in USD to  
Transformations 4200 W Good Hope Rd. Milwaukee, WI 53209 USA. or

**Pay online at:** <https://transformationsusa.com/products.php> Workshops and Trainings with Jim Morningstar, PhD.



### ***An Introduction to Therapeutic Breathwork for Caregivers***

with Jim Morningstar, PhD

*Breathworker Certification Training - Module 1 Distance Learning*

Basics of breathwork and its uses in professional practice. **12 CE credit hours Distance Course \$97**

### ***Energy Release and Body Themes in Breathwork*** with Jim Morningstar, PhD

*Breathworker Certification Training - Module 5* **August 13, 2026 9 am - 5:30 pm**

Practice in body reading and releasing techniques. Tuition: \$175 in person \$160 online

### ***The Anatomy of Breathwork*** with Jim Morningstar, PhD

*Breathworker Certification Training - Module 4* **August 14, 2026 9 am - 5:30 pm**

Evolution of breathwork and its effects, physiological to spiritual. Tuition: Tuition: \$175 in person \$160 online

### ***Breathwork in Water*** with Jim Morningstar, PhD

*Breathwork Certification Training - Module 2* **August 15, 2026 12:30 pm - 9:00 pm**

Practice in use of water in dealing with peri-natal issues. Tuition: \$175 in person \$160 online

### ***Group Breathwork*** with Jim Morningstar, PhD

*Breathworker Certification Training - Module 3* **August 16, 2026 9 am - 5:30 pm**

Practice in constructing and leading group breathwork. Tuition: \$175 in person \$160 online

**The Transformations Breathworker Training Program** is one of the longest standing breathworker training programs in the world. Our trainings are certified by the Global Professional Breathwork Alliance  
[www.breathworkalliance.com](http://www.breathworkalliance.com).



Jim Morningstar

September 2026 provisional dates Modules include Physical Touch and Dynamic Movement in Breathwork (17), Shamanism in Breathwork (18), Healing Trauma and Breathwork (19) and Ethics in Breathwork (20).

Transformations Incorporated has been approved by the NBCC as an Approved Continuing Education Provider, ACEP No. 6092. Programs that do not qualify for NBCC credit are clearly identified. Transformations Incorporated is solely responsible for all aspects of the programs.

